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Office of Home Economics

Issued January 16, 1922

UNITED STATES DEPARTMENT OF AGRICULTURE  
STATES RELATIONS SERVICE  
Washington, D. C.

Available Illustrative Material  
prepared by the  
Office of Home Economics.

Charts. Composition of food materials, etc., 1916. 15 charts, each about 23.6x17.9 in.  
For sale by the Superintendent of Documents, Washington, D.C., per set, \$1.00.

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Contents:- 1. Milk and milk products; 2. Eggs and cheese; 3. Meat  
fresh and cured; 4. Fish, fish products, and oysters; 5. Butter and other  
fat-yielding foods; 6. Cereal grains; 7. Bread and other cereal foods;  
8. Sugar and similar foods; 9. Roots and succulent vegetables; 10. Legumes  
and corn; 11. Fresh and dried fruits; 12. Fruit and fruit products; 13. Nuts  
and nut products; 14. Composition, functions, and other uses of food; 15. Dietary  
standards.

Charts. Food selection and meal planning. 1921. 8 charts, each about 18x23 in. for  
sale by the Superintendent of Documents, Washington, D.C., per set, \$.50

Contents:- 1. A week's supply of food for an average family; 2. A week's supply of  
vegetables and fruits for an average family; 3. A week's supply of  
milk, meat, and similar foods for an average family; 4. A week's supply of  
cereal foods for an average family; 5. A week's supply of sugar and other sweets  
for an average family; 6. A week's supply of fat and fat foods for an average  
family; 7. Counting the cost of a week's food supply; 8. Figures for estimating  
food supplies for individuals and for families differing from the average.

Charts. Children's diet. 1919. 2 sets of 4 pictures each, for sale by the U. S.  
Department of Agriculture, Washington, D.C. Prints 8x10 in. \$.18 each.  
Photographic enlargements mounted on composition board suitable for framing, 16x20 in.  
\$1.75 each.

Set 1. White children:

Contents:- 1. 15033-C Start the day with a good breakfast; 2. 15036-C  
Little children need food between meals; 3. 15034-C The chief meal should  
come at midday; 4. 15035-C Simple suppers are best.

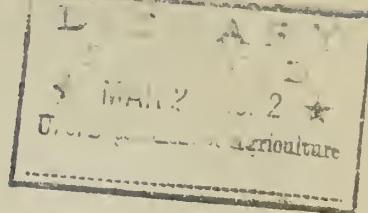
Set 2. Colored children:

Contents:- 1. 15037-C Start the day with a good breakfast; 2. 15040-C  
Little children need food between meals; 3. 15038-C The chief meal should  
come at midday; 4. 15039-C Simple suppers are best.

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